



Isabella County Child Advocacy Center

Dedicated to the Memory of D/Sgt. Dan Denlow

Community Resources:

COMMUNITY RESOURCES INFORMATION & REFERRAL 211 This toll-free phone number connects people with important community services. While services that are offered through this number vary from community to community, this toll-free number provides callers with information about and referrals to human services for every day needs and in times of crisis. Text your zipcode to 898211. www.mi211.org

DEPARTMENT OF HEALTH AND HUMAN SERVICES (DHHS) (989) 772-8400 - 1919 Parkland, Mt. Pleasant, MI 48858 www.michigan.gov/mibridges Food stamps, medical assistance, FIP (formerly AFDC), child day care funding, State Emergency Relief for shelter and utilities, crisis prevention services, delinquency services, child foster home licensing, foster care placement, employment services, and volunteer services.

Clothing and Household Needs:

CELL PHONES If you receive food stamps, Medicaid, SSI, or have low income you may be eligible for a program that offers cell phones. Applications available at EightCAP, Inc. offices.

CLOTHING CLOSET (989) 773-3904 - A First Church of the Nazarene Community Ministry, 1980 S Lincoln Road, Mt. Pleasant, MI 48858 - Clean gently used clothing free of charge. Donations are accepted.

CLOTHING INC. (989) 323-3332 – A non-profit organization in the Central Michigan area, 1114 W High St, Mt. Pleasant, MI 48858 - Providing free gently used clothing to people in need through community donations.

GOODWILL INDUSTRIES (989) 773-4884 - 4529 E Bluegrass Road, Mt. Pleasant, MI 48858
Hours: Monday-Saturday 9:00 am - 8:00 pm and Sunday 11:00 am - 6:00 pm Retail store outlet: low cost merchandise, clothing, small appliances, and furniture. Accepts donations.

PRICELESS APPAREL (989) 433-2957 - 3805 S School Street, Rosebush, MI 48878 Free clothing.
Hours Thursdays 10:00 am – 12:00 pm.

THE SALVATION ARMY (989) 773-4663 - 1308 Burch Street, Mt. Pleasant, MI 48858
Hours: Monday-Friday 9:00 am – 12:00 pm and 1:00 pm – 4:00 pm. The Salvation Army provides

emergency assistance for utilities. Vouchers are available for clothing and furniture. Food pantry is open Monday-Friday, closed between noon and 1:00pm. ID and Social Security cards required. May use pantry 1 time every 2 months.

THE SALVATION ARMY THRIFT SHOP (989) 772-7991 - 1717 S Mission Street, Mt. Pleasant, MI 48858 Hours: Monday-Saturday 9:00 am – 6:00 pm. Vouchers are available at the Salvation Army office.

THRIFT SHOP (989) 773-9544 - 307 S Mission Street, Suite C, Mt. Pleasant, MI 48858 Fall Hours Only: Monday-Friday 10:00 am - 4:00 pm and Saturday 10:00 am - 3:00 pm Resale of used clothing and some housewares. Funds help support the Isabella Child Development Center-a free pre-school for qualified students. Consignment option available.

Counseling Services:

CATHOLIC FAMILY SERVICE (989) 773-9328 - 210 Court Street, Suite A, Mt. Pleasant, MI 48858 Fees are based on a sliding scale. This program participates with most insurance. Counseling services for children and adults, couples and families. Substance abuse assessments and counseling are provided. Hours: Monday-Thursday 9:00 am – 8:00pm.

COMMUNITY COUNSELING ASSOCIATES (989) 773-0222 - 500 S Main Street, Suite B, Mt. Pleasant, MI 48858 Fees are on a sliding scale based on family income, from \$45.00. A wide range of counseling services are available including family and children's counseling and parent strategies. Substance Abuse Assessments are also available. Accepts most insurances.

COMMUNITY MENTAL HEALTH SERVICES OF CENTRAL MICHIGAN, INC (989) 772-5938 - 301 S Crapo, Mt. Pleasant, MI 48858 www.cmhcm.org Hours: Monday - Friday 8:00 am – 5:00 pm. Later times available by appointment only. Mental health services for adults and children. This agency offers individual and group therapy, provides referrals to other agencies for needed services, and services for people who are developmentally disabled. Fees are on a sliding scale, but no one is refused due to an inability to pay.

LISTENING EAR CRISIS CENTER (989) 772-2918 - 107 E Illinois, Mt. Pleasant, MI 48858 www.listeningear.com Office Hours: 8:30 am - 4:30 pm Crisis Center Provides immediate support information and referrals 24 hours a day.

- Child Sexual Abuse Treatment Program helps support the healing process.
- Child Foster Care Licensed Foster Homes Residential Services Provides support services for persons with developmental disabilities. Supported Community Living Aids adults with developmental disabilities in one's own home.

- Transitional Living Services is an independence building program for youth ages 16-21. Youth are connected with resources and assisted in finding employment, finishing their education, getting into their own housing and locating reliable transportation.
- Runaway and Homeless Youth Program Serves youth ages 12-17 years old who have run away or are thinking about running away from home, are homeless, at risk for being homeless, or have been removed from home by their family. The program serves both Isabella and Clare counties. The focus of the program is to provide youth with a stabilized living environment.

PARTNERS IN CHANGE (989) 832-2165 – Provides individual, couple, family, and group counseling for anxiety disorders, post-traumatic stress disorder, depressive disorders, anger control problems, substance abuse, grief and loss, sexual identity/LGBTQ, marital and family problems, and psychological assessments. 4912 E Pickard Rd., Mt. Pleasant, MI 48858. A Midland location is also available.

RONAN PSYCHOLOGICAL ASSOCIATES (989) 779-8999 – Individual services, couples/marital therapy, family therapy, group treatments, and comprehensive psychological evaluations for a multitude of disorders. <https://www.ronanpsych.com>. 201 S University Ave, Mt. Pleasant, MI 48858.

HEARTBOUND COUNSELING (989)772-4277- Individual, couples, families, and groups. Specialized training in working with children, adolescents and their family members. Treatment methods include: psychodynamic influence, cognitive-behavioral therapy, animal-assisted therapy, EMDR, trauma assessment/intervention, play therapy, expressive art modalities and the Nurtured Heart Approach (parenting education).

Domestic Violence Support:

RISE (Formerly Women’s Aid) (989) 773-0078 *office* or (989) 772-9168 *crisis line*. PO Box 743, Mt. Pleasant, MI 48858 womens-aid.org.

- Children’s Services
 - Are designed to help meet the needs of children from homes experiencing domestic violence. The children’s counselor also works with mothers in the shelter on parenting skills.
- Emergency Shelter Services
 - For women and children who are victims of domestic violence and/or sexual assault. Intervention and prevention services are provided for survivors of domestic violence and sexual assault.
- Outreach Service
 - Are available to victims of domestic violence who are seeking emergency shelter services or who are former shelter residents or victims of sexual assault. This program is offered in the women’s home when appropriate. Services include

counseling, advocacy, support, community referrals, and transportation to appointments.

- SANE Exam Services
 - Free exams for victims of sexual assault done by contracted nurses in the Mt. Pleasant area. Available to all adults and minors or a certain age with parent/guardian present.

Housing:

EIGHTCAP, INC. (989) 772-0110 – Heat and utility assistance, USDA/Mid-Michigan commodity cards, referrals to food banks, legal services, etc. www.eightcap.org. 310 W Michigan Street, Mt. Pleasant, MI 48858.

- Housing Assistance Programs
 - (616) 754-9315 – Homeless or court ordered eviction notice assistance, deposit and/or rental assistance, moving costs, childcare, and utility payment assistance.
- Weatherization
 - (616) 754-9315 x 3420 – Free program to help lower fuel costs and make your home more energy efficient; water heater insulation blanket, low-flow shower head, wall, ceiling and floor insulation/ventilation, caulking, glass replacement, door sweeps, and weather stripping.

HABITAT FOR HUMANITY OF ISABELLA COUNTY (HHIC) (989) 317-4650 - This program builds new homes for qualified low-income families. Families that are approved to purchase a home are required to work with volunteers in the building process. A family must live and work in Isabella County for at least 6 months prior to being eligible for this program.

ISABELLA COUNTY RESTORATION HOUSE ROTATING HOMELESS SHELTER Unitarian Universalist Fellowship, 319 S University, Mt. Pleasant, MI 48858-Welcome Center Open November-March. The welcome center is open each day during this time period 4:30 pm – 5:45 pm. Guests must come to the welcome center every day to be screened and signed in to be sheltered that evening. Guests are transported to the shelter and provided dinner. In the morning guests are transported to the Soup Kitchen or back to the intake site to collect their vehicle. All ages are welcome.

Financial Assistance and Employment:

GOODROW FUND (989) 772-2918 A fund to help with minor emergencies. Call Listening Ear on Monday at 8am for financial assistance from the fund.

GOODWILL WORKFORCE DEVELOPMENT OFFICE (989) 773-4785 - 4529 E Bluegrass Road, Mt Pleasant, MI 48858 Goodwill assists people to prepare for and find employment. From determining an ideal career match to managing life changes. Goodwill provides support and guidance at no cost to help individuals achieve career goals.

MICHIGAN WORKS! SERVICE CENTER (989) 772-5304 - 5889 E Broadway, Mt. Pleasant, MI 48858 www.michiganworks.com Hours of operation: Monday-Friday 8:00 am - 5:00 pm www.mitalent.org Eligible populations: Michigan Works! Service Center employment services are open to everyone. Specialized services may be available to dislocated workers, displaced homemakers, unemployed or underemployed adults and youth. Services available: job search preparation and skills, resume writing, applications, interviewing, labor market information, Pure Michigan Talent Connect, career assessment, occupational training and employment related support services.

UNITED WAY OF ISABELLA COUNTY (989) 773-9863 - 524 E Mosher Street, Suite 400, Mt. Pleasant, MI 48858 www.unitedwayisaco.org The United Way engages citizens in a community wide effort to support health and human services that improve people's lives. Fund raising organization for partner agencies. Provides volunteer opportunities for individuals and groups. Provides holiday assistance to low income families with a referral to the Adopt-a-Family holiday program.

Food Assistance:

MOBILE FOOD PANTRY (COMMUNITY COMPASSION NETWORK) Mt. Pleasant, MI 48858 www.ccnhome.org Mobile food pantries are held two Saturdays per month at various locations in Isabella County. Registration is from 8:30 am-9:00 am. Valid Photo ID showing current residence is required. For exact dates and locations, please visit above website. Each family receives supplemental food consisting of meat products, dairy, fresh produce, fresh fruit and canned nonperishable meal stretchers. Stationary Pantry located at 1114 High Street. 989-863-4449. Call during business hours for appointment. Wednesday 2:00pm to 7:00pm. Thursdays 8:00am-12:00pm and 4pm-7pm.

POTTER'S HOUSE (989) 772-5681 5346 E Deerfield, Mt. Pleasant, MI 48858 Food pantry is available on the 3rd Thursday of the month 11:30 am - 1:30 pm. ID and Social Security numbers are required at application. Once approved, you must call for pick up time.

REAP FOOD PANTRY (989) 433-2957 - 4079 E Vernon Road, PO Box 112, Rosebush, MI 48878 Food Pantry is open each Thursday 9:00 am - 11:00 am. Eligible recipients must reside in Isabella County and show ID. Families may use pantry twice a month.

SOUP KITCHEN (ISABELLA COMMUNITY) (989) 772-7392 - 621 S Adams Street, Mt. Pleasant, MI 48858 www.icsk.org Serves free continental breakfast Monday-Saturday 8:00 am. Serves free hot lunch daily from 11:30 am – 1:00 pm. Free bread and produce available daily. Donations accepted & volunteers welcome. Coupon for Max & Emily's hot Sunday meal is available at the soup kitchen on Thursday & Friday.

ST. VINCENT DE PAUL FOOD PANTRY (989) 828-5720 - 168 E. Wright Street, Shepherd, MI 48883 Hours: Call Monday 1:00 pm – 3:00 pm for Tuesday pick-up. Call Wednesday 1:00 pm – 3:00 pm for Thursday pick-up. By appointment only. Driver's license and Social Security cards for all members of household and proof of income or red TEFAP card must be provided.

WOMEN, INFANTS and CHILDREN (WIC) (989) 773-5921 – Services by appointment for pregnant women, children under five, and breast-feeding mothers. Clients must meet certain income guidelines and be considered at nutritional risk. If eligible, the client will receive EBT cards for specific food redeemable at local stores.

WILLIAM ELLIS BROCKMAN INFANT PANTRY- 1250 Watson, Mt. Pleasant. Open Wednesdays from 11:00am- 2:00pm. The first Wednesday of the month they are open 10am-5pm. Eligible Isabella county families with children 0-3 years old may receive formula, baby food, Diapers, and baby care products. Photo ID required along with WIC, Medicaid, Social Security Card, or Birth Certificate for child.

Physical Health, Parenting, and Pregnancy Services:

CENTRAL MICHIGAN DISTRICT HEALTH DEPARTMENT (989) 773-5921 - 2012 E Preston, Mt. Pleasant, MI 48858 www.cmdhd.org Hours: Monday-Friday 8:30 am - 4:30 pm (closed 12:00 pm - 1:00 pm). Family Planning Services, reduces infant deaths and other health related problems, maintains women's health through routine screening and examinations, birth control options, personal health services, children's health care services, hearing and vision screenings, HIV testing and counseling, and immunizations.

LIFE CHOICES OF CENTRAL MICHIGAN (989) 773-6008 - 904 E Preston, Mt. Pleasant, MI 48858 www.pregnancycmps.com Free and confidential services-pregnancy tests and options counseling. Earn While You Learn Program. One on one parenting classes for mothers. Dad's Matter-group parenting classes for fathers. Post abortive support. Medical clinic-free ultrasounds.

PARENT CHILD INTERACTION THERAPY CLINIC (989) 774-6639 or (989) 774-3904 - Central Michigan University, Mt. Pleasant, MI 48858 Please call for payment information; no family will be refused services due to inability to pay. Assessments and therapy for children who exhibit behavior problems that are beyond what is considered normal for their developmental age. The program teaches parents how to improve discipline techniques. It also helps to enhance the quality of parent-child relationships.

Youth Programs and Resources:

BIG BROTHERS/BIG SISTERS PROGRAM (BB/BS) (989) 772-5232 304 W Michigan, Suite 1, Mt. Pleasant, MI 48858 www.bbbsgm.org This program serves children 6-12 years of age. School

based mentoring programs are available. The mission of BB/BS is to help children reach their potential through professionally supported one-on-one relationships with measurable impacts.

EARLY ON (989) 433-2962 - 3771 N Mission Road, Rosebush, MI 48878 Contact Person: Peggy Jackson extension 213 Coordination of services for children 0-3 years of age with special needs and developmental delays are provided. Families receive support in accessing and coordinating social, educational and health services. No income restrictions for eligibility. Local Playgroups are available to eligible children, call for more information.

PARTNERS EMPOWERING ALL KIDS (PEAK) (989) 779-5334 – Designed to provide all school-age children with education, enrichment, and recreational activities in a fun and safe environment. After school programs and summer camps are available, www.mt-pleasant.org.

Additional Resources:

ADULT/CHILD PROTECTIVE SERVICES (855) 444-3911 – This number is available 24 hours a day and 7 days a week to report any incident of suspected child or adult abuse and/or neglect.

ALTERNATIVE COUNSELING CENTER (989) 831-9111 – 129 E Street, Stanton, MI 48888 – Counseling services regarding: parenting, substance abuse, and court ordered counseling. Professionally one-on-one relationships with measurable impacts.

CENTER FOR SUICIDE AWARENESS – 24/7, Free, Trained Crisis Counselors. Text “HOPELINE” to 741741, if you’re struggling, having a bad day, need someone to listen, or just need some resources.

GRATIOT COUNTY CHILD ADVOCACY CENTER (800) 552-4489 or (989) 463-1422 - 525 N State Street, Suite 4, Alma, MI 48801 Hours: Monday-Friday 9:00 am-4:00 pm Services Gratiot County: parenting classes, child abuse and neglect (CAN) prevention education, and substance abuse coalition. CASA program/court appointed special advocates.

VETERAN’S AFFAIRS - ISABELLA COUNTY (989) 317-4093 or (989) 772-0911 x 235 - 200 N Main Street, Room 120, Mt. Pleasant, MI 48858 www.isabellacounty.org/dept/va Assists veterans with filing for VA benefits as well as other state and local benefits. In addition, we help veterans with temporary emergent need through the Michigan Veterans Trust Fund and the Soldiers and Sailors Relief Fund as referrals to local assistance agencies.

Stop Bullying Now! www.stopbullying.gov A resource website sponsored by the U.S. Dept. of Health and Human Services that addresses the warning signs of bullying, how to talk about bullies, how to report bullies and cyberbullying and offers a 24-hour help hotline for victims at 1-800-273-TALK (8255).