

## CHILD SAFETY EDUCATION AND PREVENTION

Recent attacks, abductions, and cases of child sexual abuse have received nation-wide media attention. It is apparent that child predators still possess a great deal of power when it comes to luring children. Through a series of five child safety lessons, we hope to put some of that power back into the hands of children.

This curriculum teaches children how to recognize and respond to various dangerous, disturbing, and hurtful situations. Only through education can young people discover what dangers exist and how to react to such dangers. Each lesson is age-appropriate, recognizing that different children have different perceptions of safety and strangers. Upon completion, it is our hope that children will be better equipped to face real-life situations.



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# Protect



# Yourself

**A series of lessons  
teaching children how to  
recognize and respond to  
abusive and abductive  
situations.**

## Lesson Objectives

Each of the five child safety lessons has an important yet unique goal: personal safety, feelings, abductions, sexual and physical abuse, and identifying support and telling. Beginning with the first lesson, each lesson builds on the idea of personal safety, expanding on concepts and principles.

Trained facilitators have an understanding of abuse and abduction.

### LESSON 1: PERSONAL SAFETY



Children will know how to respond to protect themselves in dangerous, disturbing, and hurtful situations.

### LESSON 2: FEELINGS

Children will be able to identify their natural instinct (safety siren) for dangerous, disturbing, and hurtful situations.

### LESSON 3: ABDUCTIONS

Children will be able to identify ways people use tricks (lures) to put them in dangerous, disturbing, and hurtful situations.

### LESSON 4: PERSONAL SPACE

Children will understand their private boundaries, and personal, private parts so they may recognize dangerous, disturbing, and hurtful situations.

### LESSON 5: TRICKY PEOPLE AND TELLING SOMEONE

Children will identify 5 safe adults whom they can tell about dangerous, disturbing, and hurtful situations and also know that it is not their fault.



## EDUCATIONAL STANDARDS AND BENCHMARKS

The Protecting Yourself Program was developed following the Michigan Model for Comprehensive School Health Education curriculum and additional safety resources. It meets the following Health Education Content Standards:

- Compare behaviors that are safe to those that are risky or harmful
- Demonstrate ways to avoid threatening situations and reduce conflict
- Demonstrate the ability to ask for assistance when making health-related decisions
- Demonstrate healthy ways to express needs, wants, and feelings
- Demonstrate refusal skills